



World Sound Healing Day

February 14, 2011

"The Sound Heard Around the World"

[Watch this new >>> AMAZING WORLD SOUND HEALING DAY VIDEO!](#)

Join thousands throughout the planet for the 9th Annual WORLD SOUND HEALING DAY on Monday, February 14, 2011. At 12 noon Eastern Standard Time (EST--New York Time), sound forth for 5 minutes with the "AH", created and projected with the energy of compassion and love, sending a sonic valentine to Gaia, our Mother Earth. At that time, please go to templeofsacredsound.org to enhance the vibratory effect as we sound together for planetary peace and harmony. Please visit this link: worldsoundhealingday for more information.



The purpose of WORLD SOUND HEALING DAY is:

1. To positively affect the Earth through the use of sound
2. To bring awareness of the power of intentional sound
3. To create a conscious community using sound for planetary healing

WHAT: World Sound Healing Day

"The Sound Heard Around the World!". Every **February 14th**, people throughout the planet join together with their intentionalized sound to project a sonic valentine of love & appreciation to Gaia, our Mother Earth. **We tone the heart sound "Ah" for a minimum of 5 minutes**, or longer. Often people will gather groups together and facilitate this toning experience in their respective communities. If possible, we ask that you take at least 5 minutes to tone at **12 noon Eastern Standard Time** (New York Time), and we encourage the sounding of the "Ah" by yourself or with a group at any time during the course of the day.



On **World Sound Healing Day**, sound brings peace and healing to Mother Earth through our internationalized loving sounds: healers, meditators, peace activists and lovers of all humanity and sentient consciousness send a Sonic Valentine to the Earth with the heart sound "AH" filled with the intention of Peace and Love! This is an opportunity in which YOU can take part in to assist Global Harmonization: the process of creating harmony and peace on the Earth. Your participation and co-creation of this event is both appreciated as well as being necessary for World Sound Healing Day to manifest.

WHEN: February 14, 2011, at 12 noon Eastern Standard Time (New York Time)

Join Jonathan Goldman, the Sound Healers Association and thousands of people throughout the planet as we tone an "AH" together for five minutes during that day, projecting the energy of Light & Love throughout the Planet.

WHERE: TempleofSacredSound.org

Come join us at the Temple of Sacred Sound, individually or with your groups, on Feb. 14, 2011 at 12 noon Eastern Standard Time (New York Time) as well as anytime throughout the day. Temple of Sacred Sound is a sacred sound temple in cyberspace where we can tone together throughout the planet. It is available for use 24/7 and is especially visited on World Sound Healing Day!

If you do not have a computer or are not near one at 12 noon Eastern Standard Time-- that's okay, just send forth an intentionalized "Ah" for Global Harmonization. And if 12 noon doesn't work for you or your group, sounding with love and appreciation any time that day will be of great benefit. Local toning groups will be occurring throughout the planet at various times during the day, February 14th, with the intention of assisting planetary consciousness through sound.

WHY: To project peace throughout the planet.

What better way to celebrate this joyous day of Valentine's Day then to project Peace to our Mother Earth and generate peaceful energy throughout the planet with sound! Sound coupled with intention has the ability to heal and transform. We will sound an "AH" sending a heart wave of Sound that will resonate throughout the planet. Now is the time for you to be part of the Celestial Choir and resonate together for **World Sound Healing Day!** We can create major positive shifts on our beloved planet. Of particular note is the cohesive energetic field created by both individuals and groups as we tone together. Certain prophecies suggest that when people tone together for planetary peace and harmony, it can have a significant effect in restoring balance upon the earth. Through sounding together we will make a difference.

The scientific data measuring the effects of the 2009 World Sound Healing Day provided by the Global Consciousness Project and the Global Coherence Initiative shows great promise with regard to the power of intentionalized sound to help create positive shifts and changes on our planet. Here is a link to view the results: [2009 WSHD Results](#).



HOW: Sound the heart sound "AH" for 5 minutes.

We will simply sound an "AH" filled with the intention of Peace and Love for 5 minutes at noon Eastern Standard Time. If possible, please join us in cyberspace at [Temple of Sacred Sound](#) as we resonate together for Global Harmonization. The "AH" is a universal, non-denominational heart sound that when projected with focused energy is extremely powerful and effective. As previously stated, if you do not have access to or are not near a computer at 12 noon Eastern Standard Time, simply send forth an intentionalized "Ah" for Global Harmonization regardless of where you may be. And if 12 noon doesn't work for you or your group, sounding with love and appreciation any time of that day will be of great benefit, assisting in the creation of a coherent waveform that will affect the entire Earth. While 12 noon Eastern Standard Time is optimal, **gathering your group any time during Feb. 14 will be wonderful for the planet.**

For more information on World Sound Healing Day which you may find useful, please visit [WorldSoundHealingDay.org](#). This site will provide links to other sites associated with this event.

OTHER: Share the sound.

We invite anyone and everyone who is planning to tone along with us on Feb. 14th, and particularly those who may be organizing an event around this day to let us know. We always receive such extraordinary feedback from you with regard to your participation in World Sound Healing Day. Share ways to expand this important event and make it even more potent. And let the rest of the world know about it too. Through this kind of activity we can truly create a global sound community- manifesting a celestial choir that rings in harmony and peace throughout the planet.

We invite you to pass this information on. If it's appropriate, forward this announcement about this event to your mailing list. Post notice of this event. Plan a **World Sound Healing Day** event! Let the media know about **World Sound Healing Day**! Tell your friends and loved ones to join our Celestial Choir and help bring peace to the planet. There will be sound healing events throughout the world. Previous World Sound Healing Days were extraordinarily successful. We truly made a difference to the planet with our Sound, our Light and Our Love.

IN ADDITION: Pre-Global Toning Live Radio

At 11:00 AM Eastern Standard Time (New York Time) on February 14th, there will be a special live hour long Internet Broadcast on [HealthyLife.net](#) radio about World Sound Healing Day, including a special sonic meditation that will lead into the noon event at the

INTEGRATIVE HEALTH EDUCATION CENTER



Temple of Sacred Sound

CO-CREATED BY: You!

Co- creators and Supporters of **World Sound Healing Day** are truly too numerous to list. We thank all of YOU for being a part of this extraordinary event. Last year's **World Sound Healing Day** was a tremendous success, creating powerful positive vibrational shifts for the planet. Please join us again in the co-creation of this event, projecting Light and Love through Sound and help make a difference!

Blessings of Light & Love Through Sound,

Jonathan Goldman